

**GARLIC AND ONIONS ARE PART OF THE ALLIUM GENUS,
ALONG WITH LEEKS, SCALLIONS, CHIVES, AND SHALLOTS!**



Garlic has been used since ancient times to ward off coughs, colds, and other ailments!

Getting teary? Onions let out fumes when they're chopped (or bitten into) to ward off predators, just like skunks!

**Garlic and onions
are two of the oldest
known foods!**

THERE ARE

27

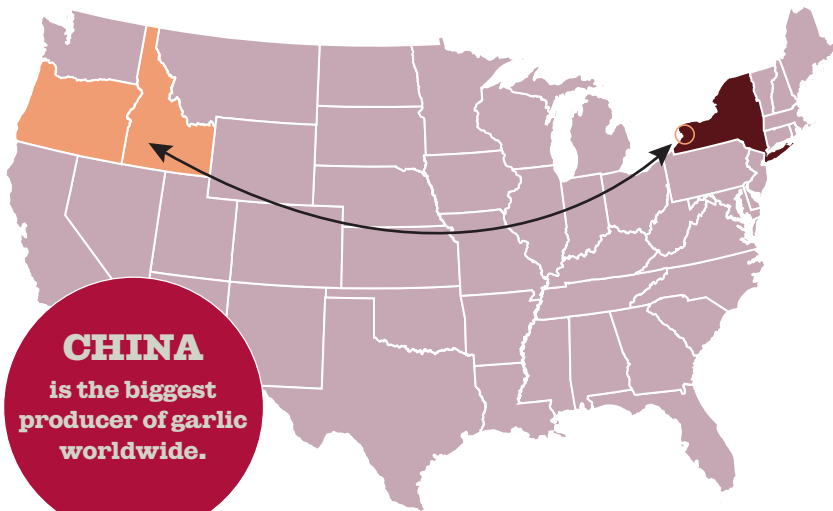
DIFFERENT
VARIETIES OF
ONIONS!
POPULAR
VARIETIES
GROWN IN NY:
YELLOW COOKING
ONIONS, SWEET
ONIONS, & RED
ONIONS

There are over **300** varieties of garlic grown all over the world.

Store onions away from other fruits and veggies, or you might find that your apples taste like onions!

IDAHO & EASTERN OREGON ARE THE TOP ONION-GROWING REGIONS IN THE UNITED STATES. ONIONS MUST TRAVEL ABOUT 2200 MILES TO REACH BUFFALO.

OUR NEW YORK STATE ONIONS ONLY HAVE TO TRAVEL 46 MILES TO REACH THE CAFETERIA!



CHINA
is the biggest
producer of garlic
worldwide.

**SUMMER
SQUASH IS
DELICATE,
SO HANDLE
WITH
CARE!**



GARLIC AND ONIONS ADD SAVORY FLAVOR TO SOUPS, ROASTED & SAUTÉED VEGETABLES, SALADS, AND SANDWICHES.